BURGER KING® Honduras
OCTOBER 2014

Nutrition Facts	serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary fiber (g)	Total sugar (g)	Protein (g)
Hamburguesas a la Parrilla												
BK Stacker Sencilla	108	340	180	20	7	0	55	630	26	1	5	15
BK Stacker Doble	143	440	240	27	11	0	85	660	26	1	5	23
Hamburguesa Doble con Queso	152	390	190	21	9	0	80	710	27	1	6	23
WHOPPER® Sandwich												
WHOPPER	285	670	360	40	12	0	95	970	49	3	11	28
WHOPPER Jr.	141	330	170	19	5	0	40	500	27	1	6	13
WHOPPER Doble	370	910	520	58	20	0	175	1040	49	3	11	48
Pollo												
Chicken Tenders												
TenderGrill	170	380	140	16	2.5	0	25	700	44	3	6	15
TenderCrisp	278	810	450	50	9	3	65	1560	63	4	8	28
Ensaladas												
Ensalada de Pollo (Dressing is not included)	289	250	100	12	6	0	80	690	7	4	2	31
Postres												
Hershey's Pie	79	310	170	19	12	0	10	220	32	1	22	3
King Mix Oreo	227	460	150	16	6	0	20	440	75	2	57	7
Acompanamientos												
Hashbrowns												
Aros de Cebolla												
Papas												
Bebidas												
Gaseosa												