BURGER KING® Costa Rica
OCTOBER 2014

Nutrition Facts	Serving size (g)	Calories	Calories from fat	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary fiber (g)	Total sugar (g)	Protein (g)
Hamburguesas a la Parrilla												
Quesoburguesa	116	290	120	13	6	0	45	680	27	1	6	14
Hamburguesa	105	240	90	10	4	0	35	490	26	1	6	12
WHOPPER® Sandwiches												
WHOPPER	285	670	360	40	12	0	95	970	49	3	11	28
WHOPPER Jr. con Queso	153	370	200	22	7	0	50	700	27	1	6	15
XT WHOPPER	349	870	520	57	21	0.5	135	1610	49	3	11	39
WHOPPER Jr.	141	330	170	19	5	0	40	500	27	1	6	13
WHOPPER Doble con Queso	393	990	580	65	24	0.5	195	1430	50	3	11	52
WHOPPER con Queso	336	760	420	47	16	0.5	115	1360	51	3	12	32
WHOPPER Triple	455	1150	680	76	28	0	260	1110	49	3	11	68
WHOPPER Doble	370	910	520	58	20	0	175	1040	49	3	11	48
Pollo												
Chicken Tenders												
TenderCrisp Sandwich	278	810	450	50	9	3	65	1560	63	4	8	28
Postres												
Cono												
King Mix Oreo	227	460	150	16	6	0	20	440	75	2	57	7
Galletas - Chocolate Chip	38	160	70	8	4	0	10	125	24	1	15	2
Hershey's Sundae Pie	79	310	170	19	12	0	10	220	32	1	22	3
Acompanamientos												
Aros de Cebolla												
Hashbrowns												
Papas												
Gaseosa												